

# Chrismon Devotion

## The Bread and Wine



The bread and wine, in the form of the chalice and wafer, symbolize the body and blood of our Savior Jesus Christ.



“While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said, “Take; this is my body.” Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them, “This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God” (Mark 14:22-25).

The bread and wine or chalice and wafer chrismon symbolizing the body and blood of our Lord and Savior Jesus Christ. As we heard about the lamb chrismon, where Jesus sacrificed himself as an atonement for our sins, the bread and wine remind us of this atoning sacrifice.

As Lutherans, Holy Communion is one of our sacraments and we believe that Christ is fully present in the bread and wine. Martin Luther said it is a mystery, but Jesus is “in, with and under the bread and wine.” Meaning, we don’t know how, but Jesus promises to be present. This chrismon reminds us of the sacrifice, love and presence of Jesus.



### What is a Chrismon?

A Chrismon is a monogram, sign, or symbol referring to or pointing to Christ.

